

Righteous in all His Ways and Holy in all His Works

Psalm 145

14 The LORD upholdeth all that fall, and raiseth up all those that be bowed down.

So, after pointing out that our Heavenly Father's kingdom is an *eternal* rule (a '*kingdom for all ages*') and His King (i.e. His ruler over all, who is Jesus Christ) *will last* (as in, *live forever*) throughout *all* generations (*all ages*), David now goes back to praising our Heavenly Father for His 'great goodness' (vs 7). The word '**upholdeth**' here means **to prop** (literally or figuratively), **to lean upon**, or **take hold of** (in a favorable or unfavorable sense) (#5564). And the word '**fall**' here does mean **to fall**, and is used in a great variety of applications (intransitive or causative, literal or figurative, #5307). So, this can mean both *physically* falling (literal) as well as *spiritually* falling (figurative). And, as David well knew (Ps 144:1), our Heavenly Father does help us when we're need of physical strength. But, just as importantly, He also helps us when we need *spiritual* strength by giving us His Holy Spirit (Eph 3:16) to give us understanding of *what* we should do in certain situations, as well as, the *strength* to do it or, endure it! As David wrote in another Psalm, "*the arms of the wicked shall be broken: but the LORD upholdeth the righteous*" (Ps 37:17). And again, "*The steps of a good man are ordered by the LORD: and he delighteth in his way. Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand*" (Ps 37:23-24).

And knowing our Heavenly Father is *always* available to 'uphold' us is *incredibly* important because, 'falling' is *also* used to refer to falling away *into apostasy*, i.e. falling away *from the truth* (i.e. worshiping the *true* God) *to apostasy* (worshiping *false* gods and idols). And 'falling away' is actually how the translator's rendered 'apostasy' in Paul's second letter to the Thessalonians, when he wrote "*Let no man deceive you by any means: for that day shall not come, except there come a falling away first, and that man of sin be revealed, the son of perdition; Who opposeth and exalteth himself above all that is called God, or that is worshipped; so that he as God sitteth in the temple of God, shewing himself that he is God*" (2 Thess 2:3-4). So, Paul (rather bluntly) warns us that, **before** Jesus Christ returns (vs 1-2 lay out the subject), there WILL come a 'falling away' FIRST. And the second thing that WILL happen *before* Jesus Christ returns is that, the 'man of sin', *also* called the 'son of perdition' (i.e. Satan *himself*), will be 'revealed', i.e. he'll be kicked out of heaven *to earth*, as Rev 12:9 so clearly states. So, that 'falling away' from the *true* God (and *true* Jesus) **is** the *spiritual* aspect of 'falling' (Ps 145:14). And, as the three-part study on "**Apostasy**" explains [<https://t.me/BibleStudyDownload/499>], the words '**falling away**' mean **defection from truth** (properly, the state), i.e. "**apostasy**" (#647, Gr). And it comes from a word that means **to divorce** (#647), i.e. **spiritually 'divorcing' the truth to 'marry' a lie**. Therefore, the 'great apostasy' can *only* truly be committed by *those who know the truth* (i.e. Christians) and yet, *willingly* choose to 'divorce' it for a 'lie'. And that 'lie' *will be* that Satan is God our 'Savior', who has come to 'save us' from all the troubles in the world. You can

learn more about this in the study **How can Satan Deceive the Whole World** via the following link [<https://t.me/BibleStudyDownload/472>].

So, when David says that our Heavenly Father (YHVH) ‘upholdeth’ (props us up) those that ‘fall’, he’s *not merely* saying the Lord (YHVH) helps us when we are *physically* weak, although that is *certainly* true. David is *also* speaking about how our Heavenly Father gives us the *inner* strength, courage, and understanding to *withstand the lies* that come from Satan, his fallen angels, *and* those who serve him. As Jesus warned us, in Matt 24:21-22, the ‘*great tribulation*’ will be the *worst* kind of tribulation there *has ever been* in the history of this second earth age [<https://t.me/BibleStudyDownload/496>]. That’s *why* the word ‘**tribulation**’ means *pressure* (#2347 Gr); for its referring to the *spiritual* pressure we’ll feel to ‘go along to get along’ with the world, when *everyone else* is worshipping Satan, as though he *really was* God! Some people call this ‘peer pressure’ but, it’ll be *much stronger* than *anything* we’ve *ever* felt (or experienced) before. And the *only* way we’ll be able to withstand *that kind* of pressure is by *the strength the Holy Spirit gives us*! And not only that, since those who *refuse* to participate in Satan’s wicked ‘beast’ governing system *also* won’t be able to buy or sell (Rev 13:17), there’s also going to be an economic side to that ‘pressure’ too. So, if we don’t want to ‘fall’ to Satan’s lies, we’ve got to keep our heart ‘set’ firmly on God’s Word and not love the things of this world, as Paul (Col 3:1-2; Gal 5:24), Peter (1 Peter 4:1-2), and John (1 John 2:15-17) all strongly admonish us to do. You can learn how to prepare for this ‘great pressure’ that’s soon coming in the study **Coming Out, Have You Taken Dominion** [<https://t.me/BestStudyBible/57>]. Yet, studying the great **Psalms 73** [https://t.me/BibleStudyBooks_Psalms/835] is *another* good way to understand how easy it is to ‘fall’ spiritually, while studying **Psalms 37** [https://t.me/BibleStudyBooks_Psalms/423] *also* gives us good instructions on how to avoid the spiritual traps of the wicked.

Now then, in this 14th verse (getting back to Ps 145), David *also* said the Lord (YHVH) “**raiseth up all those that be bowed down**”. And the words ‘**raiseth up**’ mean *to life*, i.e. (figuratively) *comfort* (#2210). And the words ‘**bowed down**’ mean *to curve* (#3721). So, David is (again) using an analogy to explain how our Heavenly Father will ‘upholdeth’ (prop us up, even by taking a hold of us) those who are physically, or spiritually, weak. For, people are ‘bowed down’ usually only when they are oppressed, sick, or worshipping something (which is done as an act of humility and submission). And David used this same Hebrew word (for ‘bowed down’, #3721) back in Psalms 57:6, when he had fled from Saul and was hiding in a cave. And, in an attempt to explain his inner turmoil, he wrote, “*They have prepared a net for my steps; **my soul is bowed down**: they have digged a pit before me, into the midst whereof they are fallen themselves*”. So, David used this word (bowed down, #3721) to explain how much inner turmoil he was in, i.e. his inner man *felt very ‘low’ because of* his dire circumstances. And, likewise, our Heavenly Father uses this same word (#3721) to explain the *deep* inner turmoil those who are ‘lofty’ and ‘haughty’ will feel in when Jesus Christ returns (Isa 2:11, 17), which Rev 14:9-10 also describes as being “*tormented with fire and brimstone*” [<https://t.me/BibleStudyDownload/330>],

because their inner ‘torment’ (pain) will be **so** painful. And that’s where ‘bowing down’ to the antichrist (Satan, i.e. the Devil, the Dragon, the Serpent; Rev 12:9, 20:2) will get you!

However, as Jesus Christ told us, the Gospel must be “*published* (preached in all the world) *for a witness unto all nations*” before “the end” comes, which means the return of Jesus Christ (Mark 13:10; Matt 24:14). And that’s *why* our Heavenly Father will speak through His faithful servants (Rev 11; Mth 10; Mk 13; Lk 21) during the great tribulation. The point is to give people the opportunity to repent (for worshipping Satan) *before* Jesus Christ returns to pour out God’s great ‘cup of wrath’ [<https://t.me/BibleStudyDownload/484>] upon the *unrepentant* people, i.e. the wicked and workers of iniquity. As Rev 7 tells us, there are many (i.e. *a great multitude, which no man could number, of all nations, and kindreds, and people, and tongues*, vs 9) which will have “*came out of great tribulation, and have **washed their robes, and made them white in the blood of the Lamb***” (vs 14). And washing your ‘robe’ (symbolic of your works, Rev 19:8) in Jesus’ blood means to *repent sincerely* (John 13:8, 15:5; 1 Cor 6:11; Heb 10:22; Rev 1:5, etc.).

So, all those who are ‘bowed down’ (made low in spirits and/or situation in life, as happened to David) *will* indeed be ‘propped up’ by our Heavenly Father’s gracious arms IF they call out to Him for help *in earnest* (Joel 2:32; Rom 10:13, etc.). And this promise truly applies even *to this very day*, not just to the ‘great tribulation’. And it can also refer to when you are being oppressed (as David was) for *no fault of your own*. For, our Heavenly Father will *always* help those who love, fear, trust in and obey Him - ***that’s His promise*** (Deut 4:29-31; Heb 13:5-6, etc.)! As it is written, in another one of David’s Psalms, “*The LORD also will be a refuge for the oppressed, a refuge in times of trouble. And they that know thy name will put their trust in thee: for thou, LORD, hast not forsaken them that seek thee*”. And again, “*Fear thou not; for I am with thee: be not dismayed; for I am thy God: **I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness***” (Isa 41:10) ...

Psalms 145

15 The eyes of all wait upon thee; and thou givest them their meat in due season.

16 Thou openest thine hand, and satisfiest the desire of every living thing.

So, after pointing out how our Heavenly Father ‘upholdeth’ (props up) those who fall (or are about to) and raises up (comforts) all those that are bowed down (oppressed), he now points out how gracious our Heavenly Father is to *all* of His creation. And, interestingly, these two verses were also written (*nearly verbatim*) in Ps 104:27-28. Now, the word ‘eye’ here does mean ***the eye*** (#5869) but, is being used *figuratively* for the mind (i.e. thoughts), as it has been used *many* times throughout the Scriptures (Psalm 119:82, 123, 131:1, 141:8; Eph 1:18, 1 John 2:16, etc.). And the word ‘wait’ here means (in the context of this verse) to ***watch***, and ***expect, with hope and patience*** (#7663). And the word ‘meat’ simply means ***food*** (#400) while the word ‘season’ simply means ***time*** (#6256). And then (in vs 16) the word ‘satisfiest’ means ***to state***, i.e. ***fill to***

satisfaction (literally or figuratively) (#7646) while the word ‘**desire**’ means **delight**, especially as shown (#7522). And the words ‘**living thing**’ means **live**, (hence, raw flesh), **fresh** (plant, water, year), **strong**, and **life** (or living thing) (#2416). So, ‘living thing’ is a pretty good translation.

So, from the largest to the smallest creatures (on earth, in the air and sea), they *all* rely on our Heavenly Father to feed them. And, of course, that’s true for us humans too. So, this verse shows us how our Heavenly Father ensures His creation (wherever they are) are satisfied with food. While some animals do die (as with humans) from starvation, they don’t go *extinct* from starvation. And that’s the point. Our Heavenly Father ensures His creation is fed so they will continue on as long as He has appointed this earth *age* to continue. Moreover, we should also remember how faithful our Heavenly Father is to give us our ‘meat in due season’ *when* we are *faithful* to Him. This is actually a part of His covenant (Lev 26, Deut 28). As Ps 111:5 says: *He hath given meat **unto them that fear him**: he will ever be mindful of his covenant*. And, this ‘meat’ (food) is not just physical; it’s also spiritual. And truly, spiritual food is much more important than the physical. As Jesus said: *Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?* (Matt 6:25). While we **should think** about what we’re going to eat and wear (and try to eat healthily, Lev 11), we should **not worry** about it, which is what ‘take no thought’ means (it’s a figure of speech, apx. 6). Jesus then goes on to point out how our Heavenly Father provides for His creation; therefore, if our Heavenly Father provides even for the animals, He’ll also provide for us too. So, Jesus’ promise (which is God’s promise as well) is that: **if** we *first* (and foremost) *seek* the kingdom of God, and learn to obey Him (i.e. seek His righteousness), **then** *all these things shall be added unto you* (Matt 6:33).

So, we must keep our priorities straight if we want our ‘meat in due season’, which truly means to receive the food we need, in the amount (and at the right time) we need it. It’s akin to having ‘rain in due season’ for the crops. Too much rain can ruin crops, as does too little rain. But, the right amount of rain, at the right times, is what causes crops to flourish. Our flesh body (and spirit) is like that too. Overeating will cause us to become overweight, which compromises our health; yet, so does undereating, as well as eating things that are bad for us. So, learning to eat the right foods, at the right times, is essential for good health; and our Heavenly Father will, not only provide us the right foods, at the right time, but He’ll also help us learn *what* food we should eat, at the right time... that is, IF we love and serve Him. Naturally, the same is true of our *spiritual* food, which is the Word of God. As Jesus said in John 6:35: *I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst*. So, if we come to Him (i.e. study God’s Word daily) He will keep us spiritually satisfied, so we don’t starve spiritually nor be overfilled (overwhelmed so we cannot understand His Word). And, just as people have different physical appetites, so do they have different spiritual appetites. Some people need a lot more food than others. So, just because you don’t study as much as others you

know (or vice versa) don't think that's a bad thing. As long as you **do** study God's Word *each day* (for we all need our spiritual Bread *every day*, Mth 6:11) then you *will* be 'filled' spiritually, which causes us to grow, and mature, into strong Christians (Heb 5:14). So, 'meat in due season' is *incredibly* important for us humans (physically and spiritually) too. And God will provide it for us IF we remain a faithful servant to Him, and *sincerely* seek His Word *daily*.

Psalms 145

17 The LORD is righteous in all his ways, and holy in all his works.

So, after pointing out how gracious our Heavenly Father is to provide for all of His creation, David now goes back to outright praising Him. And, if there's ever a verse that summarizes the qualities (characteristics) of our Heavenly Father (YHWH), *this is it* 'in a nutshell'! Thus, this is also a verse we should *always* remember (even memorize). Now, the word '**Lord**' here is (yet again) God's sacred (and covenantal) name **Yehovah** [<https://t.me/BibleStudyTruth/946>] which means (the) **self-Existent** or **Eternal** (#3068). So, His name *reveals* that our Heavenly Father (Yehovah) is the *only* one who has *always* existed and *always* will, which is why He is *eternal* (Rev 1:8, 4:9, 11:17, 16:5, 22:13). And then the word '**righteous**' here means **just** (#6662) and comes from a prim root that means **to be** (or, **make**) **right** (in a moral or forensic sense, #6663). So, the essence of this word simply means **to be right, upright, just** or **righteous**. And, as we've learned back when studying Psalm 119, this has a special reference to **equal balancing** (Lev 19:15, 36). And then the word '**all**' here means **the whole**; hence, **all, any** or **every** (#3605). And then the word '**way**' (yet again) means **a road** (as trodden) and, figuratively, also means **a course of life** or **mode of action** (#1870). So, it's the road we *metaphorically* 'walk', or the 'course of life' we take, i.e. it is the 'way' we live our life - either to serve our 'self' (sin, the lusts of the flesh) or our Heavenly Father (the way of righteousness). And, when the word 'ways' (#1870) is referring to our Heavenly Father, it's speaking of the way **He** lives, which is always righteous. That's why He said, "*I the LORD speak righteousness, I declare things that are right*" (Isa 45:19). So again, this shows us that God's way of doing this has an **equal balancing** effect on His creation *because* His judgments are *true* justice, for they 'right the wrongs' that have been done. And then the word '**holy**' actually means **kind** or **pious** (#2623) while the word the word '**works**' means **an action** (good or bad), **a transaction, activity, product** or **property** (#4639). Moffet rendered the latter part of this 17th verse as "*loving in all He does*".

Moreover, the 'Song of Moses' says the same thing but, with more detail, "*He is **the Rock**, his work is perfect; for all his ways are judgment: a **God of truth** and **without iniquity, just and right** is He!* And, the life of Jesus Christ (God incarnate, <https://t.me/BibleStudyGodsWord/460>) *proves this fact*, for Jesus was **without sin** (Heb 4:15, 2 Cor 5:21, 1 Peter 2:22, 1 John 3:5), even though He was "*in all points tempted like as we are*" (Heb 4:16). And that's why He is such a *wonderful* High priest for us (Heb 4:15)! For He *knows* how difficult it is to live *righteously* in a flesh body and thus, intercedes *on our behalf* (to help us) when we are weak, physically *and*

spiritually (Rom 8:26-34). So, any time we think that our Heavenly Father does something that's not right, or fair, it is we who are wrong! We're simply not understanding the situation completely. *Always* remember our Heavenly Father can see all that's going on *and* He can *also* read the minds (and hearts) of *all* of His children (1 Chron 28:9; Ps 44:20-21, 94:11; Jer 16:17, Jer 17:9-10; Ezek 11:5; Heb 4:12-13, etc.). So, His 'ways', and 'thoughts', are *far above* (and *more* righteous) than our own (Isa 55:8-9)! And He also knows how to chasten us for our good (Heb 12); so we must learn to *trust* our Heavenly Father *no matter what* happens to us, or others.

So, while it's *always* good to pray for His help when hard times come (on us, or others), we must *not ever* doubt that He does *all* things for the *benefit* of His children. And He also knows how to bring good out of what seems like a bad situation. Take, for example, the life of Joseph. The poor kid was sold into slavery *by his own brothers*! Yet, the Lord (YHVH) was with him (Acts 7:9-14) and used Joseph's slavery to *save* his family (*and* Egypt, *and* many others) from destruction via starvation. This is something even Joseph himself came to understand (Gen 45:5-8), which is why he was able to forgive his brothers for their evil deeds towards him. And yet we can also look at David's life. He pretty much went through 'hell' *for years* when Saul was chasing him in the wilderness. We've covered several Psalms by David that explain how *incredibly* difficult that time in his life was. Yet, our Heavenly Father used those years to develop David into the kind of man who would be a good king for Israel! And truly, the Bible is *full* of examples that teach us how *amazingly good* our Heavenly Father is at *making good come out of a bad situation*. In fact, He's even using Satan's rebellion in the first earth age [<https://t.me/BibleStudyDownload/496>] to the good of His children! And the same is true of the soon coming 'great tribulation', which the great book of Habakkuk does a good job of explaining [<https://t.me/TheMinorProphets/39>].

So, when hard times come, or a situation seems unfair, *never* doubt our Heavenly Father's righteousness *nor* His love, and compassion, for His children. For He loves His creation *much more* than we do and ***He knows what He is doing!*** Again, all things He does are *for the benefit of His creation* – even the destruction of the incorrigible rebels (at the end of the Millennium, Rev 20:10-15) is *for the benefit of His creation*, because we *cannot* have a wonderful (and truly perfect) life in eternity with rebels, who harm innocent people, still around! Psalms 37 (another Psalm of David) also does a good job reminding us how, even though it *seems* like the wicked are 'getting ahead' right now, they truly are only 'digging their own grave'. So, their day (of judgment) is coming and, our Heavenly Father's patience with the wickedness on earth *will* come to an end, *once* His plan for this earth age *is fulfilled*, as Peter so rightly reminds us...

9 The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance.

10 But the day of the Lord **will** come as a thief in the night; in the which the heavens shall pass away with a great noise, and the elements shall melt with fervent heat, the earth also and the works that are therein shall be burned up.

11 Seeing then that all these things shall be dissolved, what manner of persons ought ye to be in all holy conversation and godliness,

12 Looking for and hasting unto the coming of the day of God, wherein the heavens being on fire shall be dissolved, and the elements shall melt with fervent heat?

13 Nevertheless **we, according to his promise, look for new heavens and a new earth, wherein dwelleth righteousness.**

14 Wherefore, beloved, seeing that ye look for such things, be diligent that ye may be found of him in peace, without spot, and blameless.

15 And **account that the longsuffering of our Lord is salvation;** even as our beloved brother Paul also according to the wisdom given unto him hath written unto you;

16 As also in all his epistles, speaking in them of these things; in which are some things hard to be understood, which they that are unlearned and unstable wrest, as they do also the other scriptures, unto their own destruction.

17 Ye therefore, beloved, seeing ye know these things before, **beware lest ye also, being led away with the error of the wicked, fall from your own stedfastness.**

18 But **grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen.**

2 Peter 3:9-18 [https://t.me/BibleStudyBooks_Peter/277]

AMEN.